



MULTI-PROBIOTICS FORMULA

Professional Strength 5 Billion non Dairy

• **Multi-Probiotics Formula** is a non-dairy probiotic formulation produced from an all-natural source of beneficial microorganisms and FOS to support digestive tract health.

Multi-Probiotics Formula

- Guaranteed to contain 5 billion microorganisms per capsule with 8 different strains from non-dairy sources!
- Recommended for children, adults and the elderly

Recommended For:

- Gastrointestinal and neurological support
- Individuals who are lactose intolerant
- Normalizing digestion
- Supporting regularity

About the Formula

• **Lactobacilli (L.Acidophilus, L. rhamnosus, L. casei)** are located in the small intestine and produce lactic acid. Many strains of bacteria from the Lactobacillus family have been shown to promote regularity, support urogenital and vaginal health as well as produce the lactase enzyme and protect the gut lining from unwanted materials.

• **Bifidobacteria (B.lactis, B.breve, B.longum, B.bifidum)** are located in the colon and produce lactic and acetic acids, making the gut a very inhospitable place for unwanted materials. Bifidobacteria have been shown to promote regularity, even while traveling abroad.

• **Streptococcus thermophilus** is also a lactic acid producer which lines the gut wall to provide a barrier from unwanted materials, promotes regularity and produces the lactase enzyme.

• **Fructooligosaccharides (FOS)** are considered a soluble fiber and pre-biotic, which supports the growth of beneficial microorganisms in the intestinal tract. FOS, as a fiber, increases the bulk in the gut to promote regularity.

Supplement Facts

Serving Size: 1 Capsule

Servings per container: 180

Probiotic Complex	5 billion CFU
Containing:	
Lactobacillus acidophilus	1.25 billion
Lactobacillus rhamnosus	1 billion
Bifidobacterium lactis	750 million
Lactobacillus casei	500 million
Bifidobacterium breve	500 million
Bifidobacterium longum	500 million
Bifidobacterium bifidum	250 million
Streptococcus thermophilus	250 million
Fructooligosaccharides (FOS)	220 mg

Other Ingredients: rice flour, vegetable cellulose.

• **Suggested Use:** Take 1-3 capsules, 1-2 times per day, first thing in the morning, last thing before bed, or between meals, or as directed by your health care practitioner.

• **Warning:** If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

• **Initial:** Take amount below twice daily, after breakfast and after dinner until results occur.

Child: 1 capsule

Adult: 2 capsules

Senior: 3 capsules

Maintenance: Take amount above once a day after breakfast.

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