



# FORMULA D3 LIQUID

A Dietary Supplement to Promote the Body's Absorption of Calcium and Phosphorous, Which are Essential for the Development and Maintenance of Healthy Teeth and Bones

**A dietary supplement to promote the body's absorption of calcium and phosphorous, which are essential for the development and maintenance of healthy teeth and bones.**

New research suggests that it may support immune system function by supporting healthy cell growth.

- Bone Health
- Calcium Balance
- Cardiovascular Function
- Healthy Cell Growth
- Immune System Modulation
- Mood

## About Vitamin D

Vitamin D is a fat-soluble vitamin that is essential for maintaining normal calcium metabolism. Vitamin D3 (cholecalciferol) can be synthesized by humans in the skin upon exposure to ultraviolet-B (UVB) radiation from sunlight, or it can be obtained from the diet.

### • Calcium Balance

Maintenance of serum calcium levels within a narrow range is vital for normal functioning of the nervous system, as well as for bone growth, and maintenance of bone density. Vitamin D is essential for the efficient utilization of calcium by the body.

### • Cardiovascular Support

Adequate vitamin D levels may be important for maintaining blood pressure within normal ranges. Vitamin D also impacts heart health by supporting the body's natural cytokine production and vascular function.

### • Cell Differentiation

Cellular proliferation is essential for growth and wound healing. Uncontrolled proliferation of damaged cells is unhealthy. Vitamin D inhibits uncontrolled proliferation and stimulates differentiation, which is the process of specializing cells for specific healthy functions.

### • Immunity

Vitamin D is an immune system modulator to support healthy T Cell and macrophage responses.

## Supplement Facts

Serving Size: 12-13 drops

Servings Per Container: about 171

Vitamin D3 (as Cholecalciferol) 5,000 IU

Other Ingredients: MCT Oil (Medium chain triglycerides).

**Suggested Use:** Shake well. Take 12-13 drops once daily or as recommended by your healthcare practitioner. Best when taken with a fat-containing meal.

**Caution:** Not intended for use in children under 4. Consult your healthcare practitioner if you have any medical conditions, are taking any medications, or are pregnant/lactating before taking this formula. Individuals taking more than 2,000 IU per day should have their vitamin D levels monitored.

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